

CERTIFICATE OF PARTICIPATION

This is to certify that

Sewela Phouko

Has successfully participated & completed the

21km SA Run 4 Cancer Ultra Marathon

held at Polokwane Rugby Fields.

TIME 02:12:21

PACE 06:18/km

OVERALL 170 of 606

27 October 2018, Sat

GENDER 151 of 344 SENIOR (20- 98 of 181

39)

Signature